



Bei Dou Kung Fu

Life of Kung Fu

Kee on trying. No matter how hard it seems, it will get easier.

Understand yourself in order to better understand others.

Never lie, cheat or steal; be honest and always strike a fair deal.

Give more than you planned to give, be generous rather than greedy.

Family and friends are hidden treasures. Seek them and enjoy their riches.

Utilize your mind positively and your fighting skill righteously.

完善自我 关爱他人